

# New Resources....

Council for Intellectual Disability is thrilled to announce two new resources: the My Health Matters folder and me360 cards.

## me360 cards

me360 cards help young people with disability to have conversations about the important things in their lives. Each me360 card asks a question that will help them think about their strengths and goals, and what they need to live a good life. The cards are useful during times of change and when planning for NDIS meetings. If you are a school or an organisation that works with young people and would like to know more about this resource visit [www.nswcid.org.au/my-health-matters.html](http://www.nswcid.org.au/my-health-matters.html)

## My Health Matters folder

My Health Matters helps explain to doctors and other health people what is important. My Health Matters is an Easy Read folder, made by people with intellectual disability for people with disability.

To get a my health matters folder, visit the CID order form [www.nswcid.org.au/my-health-matters.html](http://www.nswcid.org.au/my-health-matters.html)

## GP Flowchart

We have created a flowchart to assist GPs and health professionals determine the eligibility of their patient for the NDIS. Included on the rear of the flowchart is further information on the National Disability Insurance Agency and the NDIS application process. Download the flowchart at [www.nswcid.org.au/gp](http://www.nswcid.org.au/gp)

